

Disease state

Modern Healthcare

A recent JAMA study supports the age-old saying that all healthcare is local. A broad range of researchers, led by the Institute for Health Metrics and Evaluation at the University of Washington, studied data on 333 diseases and injuries and 84 risk factors and found that while the U.S. saw improvement in outcomes between 1990 and 2016, there's still wide state-level variation.



Top five causes of death

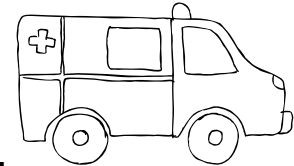
	Rank	
	1990	2016
Ischemic heart disease	1	1
Lung cancer	2	2
Chronic obstructive pulmonary disease	4	3
Alzheimer's disease and other dementias	7	4
Colon and rectum cancer	6	5

—JAMA

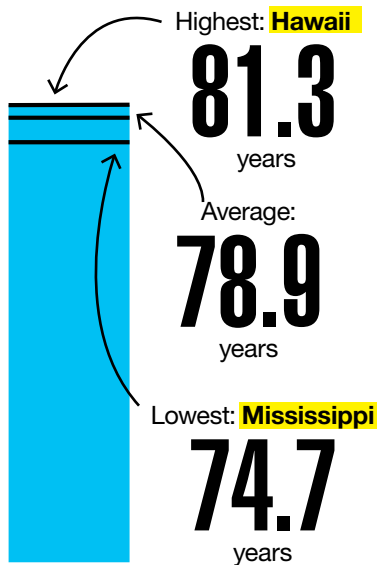
Death rates per 100,000 people

1990: **745**
2016: **578**

—JAMA



Life expectancy for a child born in 2016

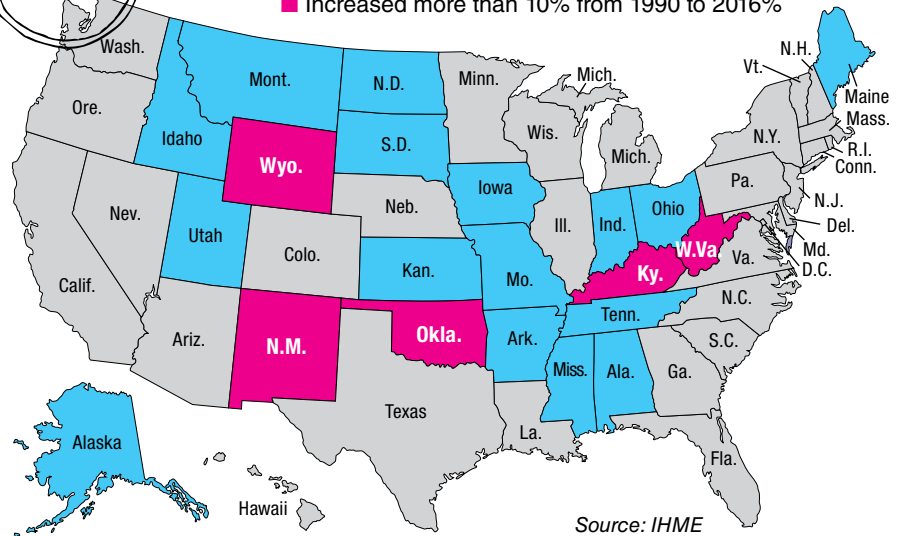


—Institute for Health Metrics and Evaluation

Dying young

Probability of dying between ages 20 and 25

- Decreased from 1990 to 2016
- Increased from 1990 to 2016
- Increased more than 10% from 1990 to 2016%



Substance abuse, suicide and alcohol-related conditions were key factors in the likelihood of early death. (Worst and best states based on deaths per 100,000 people)

—Institute for Health Metrics and Evaluation

Drug use disorders

Worst

982
West Virginia

Best

161
North Dakota

Alcohol-related conditions

328
New Mexico

110
Utah

Suicide

979
Utah

306
District of Columbia