Mental illness in America

The share of American adults with any mental illness rose slightly between 2008 and 2014. The increase was concentrated among those over age 50 or under 25.

43.6 MILLION
or 18.1% of U.S. adults suffered a form of mental illness in 2014

9.8 MILLION
or 4.1% of U.S. adults suffered a serious mental illness in 2014

—Substance Abuse and Mental Health Services Administration

15.7 MILLION
or 6.7% of U.S. adults suffered at least one major depressive episode in 2014
—National Institute of Mental Health

All adults in 2014:

43.6 MILLION
have a mental health disorder

20.2 MILLION
have substance abuse disorders

7.9 MILLION
have both

Youths ages 12-17 in 2014:

2.8 MILLION
have major depressive episodes

1.3 MILLION
have substance abuse disorders

340,000
have both

Treatment challenges

58.7%
of psychiatrists were 55 or older in 2013
—Association of American Medical Colleges

29%
of U.S. adults have both medical conditions and mental disorders
—2003 National Comorbidity Survey Replication

The social cost

2 MILLION
Number of people with mental illness who pass through American jails every year
—American Psychiatric Foundation

$193.2 BILLION
Income lost each year because of serious mental illness
—The American Journal of Psychiatry

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